

Epiphany Explorers

December Newsletter 2008

www.otariinae.net/Explorers

Flag Contest Winners

Congratulations to Barbara and Camille Florez, a mother/daughter team, who designed the winning flag for the Epiphany Explorers. The original drawing is at Hunter Printing. You can see the design on the web site. We will be ordering bandanas and signs with the winning design printed on them.

Keeping Warm and Dry

At our meeting on December 2, we talked about keeping warm and dry. We all experimented with cotton and polyester gloves and socks. Cotton absorbs a lot of water quickly and gets very heavy. Polyester repels the water longer and doesn't absorb as much water. If there is a possibility of getting wet, polyester is a better choice for staying warm and dry. The socks are available at Walmart in the sporting goods department. Look at the tags carefully; get the socks with the highest amount of polyester. Most of the socks have a little cotton in the sole for comfort. When you buy gloves; the fleece gloves are usually the best choice rather than the knit ones. Check the tags; some fluffy knit gloves are acrylic and they will get wet fast.

January Camping Trip

We will not have another classroom meeting before our camping trip at Suwannee River State Park, Friday night through Sunday morning, January 16-18. Check the web site for directions and park details. Several families have made camping reservations. You can also come in for the day on Saturday and join us. Please RSVP to Bruce or Sandy Lyon (386-719-6902) so we know who is coming and when to expect you. The park has great Civil War history, part of The Florida Trail, and The Suwannee River Wilderness Trail. In addition to the usual camp fun, we will be making emergency shelters with tarps on Saturday. Once we know who is coming, we will plan the details for the activities. As always, bring your own food. We usually gather and share our meals.

Indoor S'Mores

S'Mores, the delicious campfire treat, can be made easily at home. Take one graham cracker and break it into two halves on a microwave safe plate. Put a square of chocolate on one half or, even easier, spread one half with Nutella. Put a marshmallow on the second half. Microwave for 12-14 seconds. Carefully put the two halves together.

Let cool about 30 seconds and enjoy.

Next classroom meeting will be on Monday, January 26, 2009. We will talk about Trip Planning.

